

The Shake

Choreographer Unknown

Description: 32 count, 4 wall, beginner line dance

Music: The Shake by Neal McCoy

SWAY RIGHT, LEFT, RIGHT, HOLD

- 1 Step forward on right foot and bump right hip to the right (forward)
- 2 Bump left hip left (back)
- 3 Bump right hip right (forward)
- 4 Hold
- 5 Step forward on left foot and bump left hip to the left (forward)
- 6 Bump right hip right (back)
- 7 Bump left hip left (forward)

TOE HEEL BACK

- 1 Step right toe back
- 2 Step right heel down
- 3 Step left toe back
- 4 Step left heel down
- 5 Step right toe back
- 6 Step right heel down
- 7 Step left toe back
- 8 Step left heel down

RIGHT VINE, TOUCH, LEFT VINE W/1/4 TURN TO LEFT

- 1 Step right foot to right side
- 2 Cross left foot behind right foot
- 3 Step right foot to right side
- 4 Tap left foot next to right foot
- 5 Step left foot to left side
- 6 Cross right foot behind left foot
- 7 Step left foot to left side turning $\frac{1}{4}$ to left
- 8 Step right foot next to left foot

SWIVELS

- 1 Swivel heels to right
- 2 Hold
- 3 Swivel heels to left
- 4 Hold
- 5 Swivel heels to right
- 6 Swivel heels to left
- 7 Swivel heels to right
- 8 Swivel heels to center

Begin Again