

She Bangs!!!!!!

Choreographed by: "Hillbilly Rick"

Music: "She Bangs", by Ricky Martin - 64 Count, 4 Wall

Intermediate Level

Note all times from original wall -12:00 - Start after 16 beats

STEP R TO R, DRAG L BEHIND R X2 - R SIDE SHUFFLE - L KICK BALL CHANGE

- 1-4 Step R to R, Drag Step L behind R, Step R to R, Drag Step L behind R
5&6 (R side shuffle) - Step R to R & Step L next to R - Step R to R
7&8 (L Kick Ball Change) Kick L foot forward & Step on ball of L foot -Step R in place

STEP L TO L, DRAG R BEHIND L X 2 - L SIDE SHUFFLE, R KICK BALL CHANGE

- 1-4 Step L to L, Drag Step R behind L, Step L to L, Drag Step R behind L
5&6 (L side shuffle) - Step L to L & Step R next to L - Step L to L
7&8 (R Kick Ball Change) Kick R foot forward & Step on ball of R foot -Step L in place

CROSS WALK FWD RLRL - R SHUFFLE FWD -L ROCK STEP FWD, BACK ON TO R

- 1-4 Walk or Cross (more latiny) walk forward R L R L
5&6 (R Shuffle Forward) - Step R forward & Step L next to R - Step R forward
7-8 Rock step forward on L - Rock step back in place on R

BACK AT L ANGLE, STEP BACK L, DRAG R ACROSS L X 2 -L SHUFFLE BACK - R ROCK STEP

- 1-2 Stepping back at a 45 degree angle L - Step back L at L angle -Drag Slide Step R across L
3-4 Same as above - Step back L at L angle - Drag Slide Step R across L
5&6 L shuffle backwards at 45 degree angle
7-8 R Rock step back - Rock back forward and step in place on L

STEP R TO R, L BEHIND, R SHUFFLE TO R, L CROSS ROCK STEP, L SHUFFLE TO L

- 1-2 Step R to R - Step L behind R
3&4 (R side shuffle to R) - Step R to R - Step L next to R - Step R to R
5-6 Cross Rock step L over R - Rock back and step in place on R
7&8 (L shuffle to L) - Step L to L - Step R next to L - Step L to L

STEP R FWD - HOLD - TURN W BUMP - HOLD - L SAILOR - 1/4 TURN R SAILOR

- 1-2 Step R forward and Hold
3-4 Make a 1/4 turn to L (hard bump with Hip out to R) & Hold
5&6 L Sailor Shuffle
7&8 1/4 turn R Sailor Shuffle, 1/4 turn R as you step back on R, Step L to side, Step R to side

L ROCK STEP FWD, BACK ON R - L COASTER - R ROCK STEP FWD, BACK ON L - R COASTER

- 1-2 Left rock step forward - Rock back and step in place on R
3&4 L Coaster Step
5-6 R rock step forward - Rock back and step in place on L
7&8 R Coaster Step

MOVING FWD L ANGLE - STEP L FWD, DRAG R BEHIND L, X 2 - L SHUFFLE FWD - SIDE ROCK TURN

- 1-2 Moving forward at 45 degree angle to L, Step forward on L - Slide Lock Step forward on R to behind L
3-4 Step forward at angle with L - Slide R up behind L into lock step
5&6 L shuffle forward at 45 degree angle L
7-8 (Turning Side Rock) - Rock Step R out to R side - As you rock back and step in place on L make a 1/4 turn L to face a new wall of dance!