

## MEN'S STRUT

Choreographed by Louise Weber

Suggested Music: Men by Forrester Sister

Description: 40 Count Beginner 1 Wall Line Dance

Count	Description
<u>4 HEEL/TOE STRUTS FORWARD</u>	
1	Heel strut forward with right heel down
2	Toe strut forward with right toe down
3	Heel strut forward with left heel down
4	Toe strut forward with left toe down
5	Heel strut forward with right heel down
6	Toe strut forward with right toe down
7	Heel strut forward with left heel down
8	Toe strut forward with left toe down

### 2 JAZZ BOXES

1	Cross right foot over left
2	Step left foot back
3	Step right foot to side
4	Step left foot together with right foot
5	Cross right foot over left
6	Step left foot back
7	Step right to side
8	Step left foot together with right foot

### 2 KICK BALL CHANGES, STEP ½ PIVOT, 2 STOMPS

1&2	Kick right foot forward, step ball of right foot next to left, step left in place
3&4	Kick right foot forward, step ball of right foot next to left, step left in place
5	Step right foot forward
6	Pivot ½ turn to left
7-8	Stomp right foot next to left twice

### 2 KICK BALL CHANGES, STEP ½ PIVOT, 2 STOMPS

1&2	Kick right foot forward, step ball of right foot next to left, step left in place
3&4	Kick right foot forward, step ball of right foot next to left, step left in place
5	Step right foot forward
6	Pivot ½ turn to left
7-8	Stomp right foot next to left twice

### HEEL SWIVELS

1-2	Swivel heels to the left, hold
3-4	Swivel heels to the center, hold
5-6	Swivel heels to the right, hold
7-8	Swivel heels to the center, hold

Begin Again